DOC. #290

# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

#### COURSE OUTLINE

UNIT 4 - CLINICAL

COURSE TITLE:

HCA 109-15

SEMESTER:

HEALTH CARE AIDE

PROGRAMME:

GAYLE ALLINOTTE, BRENDA WARNOCK

SEPT/90

PROVIOUS OUTLINE DATED:

mtay <u>S?/? 7/9 ti</u> APPROVED:

UNIT 4 - CLINICAL

Course Name

HCA 109-15

Code No.

# TOTAL CREDIT HOURS: 76

Unit 4 has 76 hours of clinical time. Some of these hours may be lab practice time depending on the needs of the students

**PREREQUISITE(S):** HCA 100, HCA 101, HCA **103,** HCA 104, HCA 106, HCA 107

#### I. PHILOSOPHY/GOALS;

Unit 4 provides the opportunity to care for clients who have had a cerebral vascular accident, who are aphasic or who may have Parkinson's or Multiple Sclerosis. Students will focus on caring for the client with a terminal illness. Students are expected to provide care for 3-4 clients.

#### II. STUDENT PERFORMANCE OBJECTIVES;

Upon successful completion of this course, the student will meet the following objectives with 3-4 clients:

1) make pertinent observations and care for the client with Mental Retardation, Cerebral Vascular Accident, Multiple Sclerosis, Parkinson's and Respiratory Problems,

communicate with the Aphasic Client,

demonstrate palliative care to the client and family experiencing terminal illness and death,

meet the spiritual needs of the client,

provide care to ensure the client's sexuality needs are met,

care for the client who has experienced elder abuse,

communicate and implement care to the client who is angry, overly aggressive or violent, and

verbalize measures to seek employment as a Health Care Aide.

## III. TOPICS TO BE COVERED:

- 1) The Client With Chronic Illness
  - a) Mental Retardation
  - b) Cerebral Vascular Accident
  - c) Multiple Sclerosis
  - d) Parkinson's Disease
  - e) Respiratory Problems
- 2) Conununication With Aphasic Client
- 3) Palliative Care
- 4) Spiritual Needs
- 5) Sexuality Needs
- 6) Elderly Abuse
- 7) Angry, Overly-Aggressive, Violent Clients
- 8) Health Care Aide Employment

| 1. The Client With a Chronic Condition  |   |
|---|---|
| a) makes pertinent observations<br>and gives care to clients<br>with the following problems<br>(7.08) |   |
| i) Mental Retardation (2.10)  | Print-outs in Class   |
| ii) Cerebral Vascular Accident<br>(2.11)  | Text: pp. 417, 46 6<br>Workbook: Ch. 2 6<br>Study Project: 3<br>Study Questions: 14,19-22 |
| iii) Multiple Sclerosis   | Text: pp. 418<br>Workbook: Ch. 26<br>Study Questions: 16                                  |
| iv) Parkinson's Disease   | Text: pp. 417-418<br>Workbook: Ch. 26<br>Study Questions: 15                              |
| v) Respiratory  | Print-outs in Class<br>Text: pp. 425-426<br>Workbook: Ch.26<br>Study Questions: 26-27     |
| 2. <u>Communication With Aphasic Client</u>   |   |
| a) Distinguishes between the hard<br>of hearing and the Aphasic<br>Client<br>(2.11)                   | Print-outs in Class<br>Text: pp. 417-466<br>Workbook: Ch.29<br>Study Question: 28         |
| <ul><li>b) Provides a quiet environment<br/>when attempting communication<br/>(2.11)</li></ul>        |   |
| c) Speaks slowly and uses short<br>sentences<br>(2.11)  |   |

d) Gives non-verbal as well as
 verbal cues
 (2.11)

IV. LEARNING ACTIVITIES/CONTENT

٠

# REQUIRED RESOURCES

#### LEARNING ACTIVITIES/CONTENT

- REQUIRED RESOURCES
- e) Allows time for the resident to receive and integrate the verbal messages before expecting his/her verbal responses (.2.11)
- f) Recognizes the residents' need
  for verbal support
  (2.11)
- g) Provides alternative or supplementary means of communication for the resident, such as work or picture boards (2.12)
- 3. <u>Palliative</u> Care
  - a) Participates in discussions in which he or she can express her own attitudes to death and dying (6.08)
  - b) Utilizes current articles and resource material on death and dying to assist his/her care for dying clients (6.08)
  - c) Gives support to those clients
     affected by the death of
     another client
     (6.08)
  - d) Respects the need of clients to discuss death and provides opportunities for this (6.08)
  - e) Reassures client that family or friend will be contacted at the appropriate time (6.08)
  - f) Recognizes and reports emotional and physical changes which may occur during the dying process (7.09)

Text: pp. 469-477 Workbook: Ch. 30 Study Projects 1,2 Study Questions: 1-20 Project Presentations

| IV. I | LEARNI      | NG ACTIVITIES/CONTENT   | REQUIRED | RESOURCES |    |
|-------|-------------|---|----------|-----------|----|
|       | g)          | Gives support to relatives and<br>friends<br>(7.09)   |          |           |    |
|       | h)          | Contributes to the physical and<br>emotional comfort of the dying<br>client (7.09)              |          |           |    |
|       | i)          | Respects and responds to the<br>religious and spiritual needs of<br>the client<br>(7.09)        |          |           |    |
|       | j)          | Follows the procedure of the agency for care of the body (7.10)                                 |          |           |    |
|       | k)          | Follows the procedure of the agency for the care of the personal belongings (7.10)              |          |           |    |
| 4     | . <u>Sp</u> | iritual Needs   | Text:    | pp.       | 44 |
|       | a)          | Respects the client's need for<br>spiritual support<br>(6.09)                                   |          |           |    |
|       | b)          | Respects requests for a member<br>of the clergy and provides<br>privacy for the visit<br>(6.09) |          |           |    |
|       | с)          | Notifies client of scheduled<br>religious services<br>(6.09)                                    |          |           |    |
|       | d)          | Respects client's freedom of<br>choice in spiritual matters<br>(6.09)                           |          |           |    |

- 6 -

## %

t

#### LEARNING ACTIVITIES/CONTENT

#### 5. Sexuality Needs

- a) Provides privacy for expression of sexual behaviour (6.04) Text: pp. 432-439 Workbook: Ch. 2 7 Study Projects: 1-4 Study Questions: 1-9
- b) Encourages male/female friendships (6.04)
- c) Accepts client's choice of reading material (6.04)
- d) Protects client's self-esteem
   if he/she becomes object of
   another client's sexual feelings
   (6.04)
- e) Analyzes own expression of sexual behaviour (6.04)
- f) Demonstrates "open-mindedness" with own attitudes towards sexual expression

#### 6. Elderly Abuse

- a) Recognizes and reports signs and symptoms of client abuse
- 7. Angry, Overly-Aggressive Client
  - a) Communicates with angry, overly-aggressive client
  - b) Takes measures to subdue violent client to protect self, client and others
  - c) Maintains client's worth and dignity during conversations and episodes of violence

| Text:  | I        | pp. | 405    |
|--------|----------|-----|--------|
| Workbo | ook:     |     | Ch. 25 |
| Study  | Question | ns: | 31-33  |

Print-out in Class

#### REQUIRED RESOURCES

#### LEARNING ACTIVITIES/CONTENT

- d) Provides a safe environment (ie. removal of sharp objects) at all times
- 8. <u>Health Care Aide Employment</u> Guest Speaker
  - a) Verbalizes places of employment for Health Care Aides
  - b) Verbalizes how to fill out application form, write a resume and conduct oneself during a job interview
- Note: 1. Numbers in parenthesis refer to objectives from the Ministry of Education Health Care Aide Program Guide and Performance Objectives.
  - 2. Sequencing of objectives and content, subject to change based on the learning needs of the students.

# EVALUATION METHODS: (includes assignments, attendance requirements, etc.)

Clinical experience is essential to gain competence and the level of skill necessary to meet the Programme objectives. Therefore, students must attend all clinical experiences, including clinical laboratories. All students are expected to come prepared with knowledge of content and understanding of nursing skills taught to date.

Daily assignments, participating in conferences, questions regarding skills and performance are assessed daily.

Self-evaluations and teacher evaluations of clinical performance are assessed weekly.

A final evaluation will be prepared by both teacher and student on completion of Unit 4. Student must obtain a Satisfactory grade on the final evaluation. Students who do not meet the objectives will be given an Unsatisfactory grade.

- 9 -

#### UNIT 4 - CLINICAL

HCA 109-15

#### Course Name

Code No.

#### VI. REQUIRED STUDENT RESOURCES :

- 1. Mosby's Textbook for Nursing Assistants, 2nd edition, by Sorrentino, Sheila A., R.N., B.S.N., M.A., Toronto
- 2. Mosby's Workbook for Nursing Assistants, 2nd edition, by Kelly, Relda Timmeney, R.N., B.S.N., Toronto

#### VII. ADDITIONAL <u>RESOURCE MATERIALS AVAILABLE</u> IN THE <u>COLLEGE LIBRARY</u> <u>AUDIO VISUAL SECTION:</u> (title, publisher, edition, date, library <u>call number if applicable</u>)

## VIII. SPECIAL NOTES:

Objectives follow the Health Care Aide Skills Checklist developed by the Professional Advisory Council of the Ontario Nursing Home Association, 1990.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.